



LDANR Winter 2012 Program:

S.T.E.P.S.

Learning Disabilities Association of Niagara Region

Social Teen Empowering Program to Succeed is a program designed to support adolescents (12-17 years old) with learning disabilities/ADHD (diagnosis not required) gain a deeper understanding of their learning disability and ways to advocate for themselves. This program focuses on organizational skills, asking for help, conversation skills, dealing with frustration/anxiety and much more! An additional half an hour will entail active and cooperative games/sports.

Empowering to Succeed



Feb. 8th – Apr. 4th, 2012
Wednesdays 6:00-7:30pm

Application:
December
19th, 2011–
January 6th,
2012

Locations :
St Catharines

Members: donations
Non-members: \$50 annual
family membership fee
*(grants access to all programs
for whole family for one year)*

Visit website for details:
www.ldaniagara.org

Please apply online at **www.ldaniagara.org**



Any questions? Please contact:
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